



## Predicting asthma in wheezy children

Sensitization to inhaled allergen in early life can help identify children at high risk of severe exacerbations of wheeze and who are likely to respond well to inhaled corticosteroids (ICS).<sup>1</sup>

## The modified Asthma Predictive Index can be utilized to predict the likelihood of asthma developing in children with recurrent wheeze<sup>2</sup>

≥4 episodes of wheezing per year during the first 3 years of life and at least 1 major criterion or 2 minor criteria

Major criteria	Minor criteria
Parental/physician-diagnosed asthma	Wheezing unrelated to colds, reported by the parents
Physician-diagnosed atopic dermatitis	Peripheral eosinophilia >4% in circulation
Allergic sensitization to at least 1 aeroallergen	Allergic sensitizations to milk, egg, or peanuts

For children with wheeze, sensitization to house dust mite components (Der p 1 and Der p 2) is predictive of asthma development.<sup>2</sup> Likewise, sensitization to dog components (Can f 1, Can f 2 or Can f 5) is predictive of asthma development.<sup>2</sup>